



St. Paul's Epistle
St. Paul Lutheran Church
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Issue 2

A Word from the Pastor ~

Dear Brothers and Sisters in Christ,

I just returned from a conference on pastoral care through an organization called *Doxology: The Lutheran Center for Spiritual Care and Counsel*. Spiritual care might also be called soul care or *seelsorge* in German. Since you sent me to this conference it seems that I ought to let you know a little about what I learned (otherwise you might think I spent the three days goofing off). But even more important than that, the care of souls is what God has called me here to do. God places pastors in congregations to care for the souls of His people.

A good deal of our time at this conference was spent on *seelsorge* for the pastor's soul. After all, if one is going to care for the souls of others he must also make sure that his soul is receiving proper care. Care for the souls of a flock flows from the Good Shepherd, through His under-shepherds and out to the souls of His sheep. A pastor may be filled with all kinds of worldly wisdom and helpful advice, but souls need more than worldly wisdom; they need help from outside of this world. Souls need care that can only come from their Heavenly Father who sent His Son to be the Good Shepherd who would lay down His life for the sheep.

This *Doxology* training will continue with two more conferences this year. In June I will be privileged to take at least one lay leader along with me for further training to help us as a congregation grow in our understanding of pastoral care and the mutually supportive role pastors and laity share in Christ's church.

Then in August the pastors will gather again, this time with their wives. Pastors with families have an obligation first to care for their own households ("for if someone does not know how to manage his own household, how will he care for God's church?" 1 Tim. 3:5). Lynette and I will have the opportunity then for a weekend of spiritual refreshment, quality instruction, and mutual encouragement in our family roles.

But just what does any of this mean for you? Or, put another way, what should you the parishioner look for from

your church and your pastor? Why does any of this matter? It matters because your soul needs care and God is intent on providing that care through His Church. We Lutherans recognize the phrase "Word and Sacrament" as the means by which God cares for our souls.

Of course we know that Word and Sacrament is what the Divine Service is about. The Divine Service is the ordinary means by which our sin-sick souls receive care. But this soul care comes in other, maybe not so readily recognized or remembered means. There are Bible classes in which our souls can dig deeply into the Word of God and find rich nourishment. And a private visit offers the opportunity for individual heartaches and concerns to be shared with one's pastor. The Word of God can then be applied to the specific concerns, prayers offered, forgiveness delivered, and blessings proclaimed to the individual soul in a uniquely personal way like a formulary prepared by a pharmacist that is exclusively mixed to your specific, individual health needs.

Your Heavenly Father, who knit you together in your mother's womb and has the very hairs on your head numbered, knows exactly what your soul requires to heal the hurts, to fill the voids and to strengthen and preserve you unto life everlasting. That our God should care so much for us sinners to provide exactly what our souls need for life now and for our eternal salvation is in deed cause for *Doxology*:

Praise God, from whom all blessings flow;
Praise Him, all creatures here below;
Praise Him above, ye heav'nly host:
Praise Father, Son, and Holy Ghost.
Amen.

Pastor Licht





Thank You

Please take note of the plaster Relief of The Lord's Supper beautifully displayed in the Church Narthex. Thank you to Shari Toft for repainting it and to Aaron Pook for making the beautiful oak frame to hang it. This originally was part of the altar in our former church at 7th and Adams Street.

Looking for a Valentine

In 5th and 6th grade confirmation we are studying the Old Testament. Last fall, we learned how Abraham sent his servant back to Abraham's home area to find a wife for Isaac so that Isaac would have a wife who believed in the one true God. At the conclusion of class I had students break into groups of three or four and each group was to list characteristics they would look for in a spouse. They had some good responses (see below) but only one had to do with faith. I tried to warn them that 6-pack abs and good looks may not be so pretty or so important in 30 years and that if they thought of life as a journey they should look for someone going in the same direction they are. Of course, a lot of water will be flowing down the river before they are choosing spouses but that time will come quicker than one thinks. If you have a son, daughter, grandchild, niece or nephew who is a preteen, talk to them about what to look for in a spouse.

What 5 th and 6 th Graders are looking for in a Spouse	
Believes in God	Drug-free
6-pack abs (2)	Easy to talk to
athletic – skinny	Loyal
Best Guy	Nice – not mean (2)
Handsome	Not a smoker
Great smile	Personality
Best Guy	Respectful
Handsome	Makes money
In shape	Smart
Pretty eyes	College graduate
Tall	

Notes & News

The next **Men's Table Talk** will be Saturday, February 18, 8:30—10:00 a.m. in the Fellowship Hall. All men and sons of St. Paul Lutheran Church are welcome. Breakfast is provided.

Hospitalized: Pastors and other clergy no longer have computer access to names of those hospitalized at St. Anthony Hospital. Therefore it is very important that you or a family member notify Pastor Licht or the church office when you are hospitalized. Hospital Chaplain Peg Scheidt will call us only if you request her to do so. Thank you for your cooperation

Marriage Retreat: *Sioux City Date Night* is back! Calvary and St. Paul's LCMS of Sioux City are working together to have a fun "Date Night" and retreat on February 24-25, 2012. The cost is \$125 per couple and includes everything: meals, lodging & activities. To register, call 712.239.1575 or go to www.siouxcitydatenight.com



Schedule Change

It has been decided to have one Midweek Worship Service each Wednesday during Lent at **5:30 p.m.** Confirmation classes will meet after the service from 6-7 p.m.

Lutheran Witness
It's time to renew
or subscribe to
The Lutheran Witness.
The cost for 2012 is
\$21.65
Due date is February 20, 2012
Please use the envelope
in your offering packet and
place in the offering plate.

From the Parish Nurse ~

Dear Brothers and Sisters in Christ,

February is National Senior Independence Month. People 65+ represented 12.4% of the population in 2000 but are expected to grow to be 19% of the population by 2030. Over one in every eight of the population is an older American. Persons reaching age 65 have an average life expectancy of an additional 18.6 years (19.9 years for females and 17.2 years for males). Half of older woman (49%) age 75+ live alone. There are over four times as many widows (8.9 million) as widowers (2.1 million). 37% of older persons report they have some type of disability such as difficulty in hearing, vision, cognition, ambulation, self-care or independent living.

Iowa law states that exploitation is “the act or process of taking unfair advantage of an individual or taking assets or resources for your own profit or gain. This includes the use of undue influence, harassment, duress, deception, or false representation”. Financial exploitation involves unauthorized use of an elderly person’s funds or property, either by a caregiver or an outside scam artist. This could involve misuse of an elder’s checks, credit cards or accounts, stealing cash, income checks, household goods, forging the elder’s signature, or engaging in identity theft. Typical rackets that target elders include announcement of a “prize” that the elderly person has won but must pay money to claim, phony charities, or investment fraud.

Signs of financial exploitation include:

- * Significant withdrawal from the elder’s accounts
- * Sudden changes in the elder’s financial condition
- * Items or cash missing from the senior’s household
- * Suspicious changes in wills, power of attorney, titles, and policies
- * Additions of names to the senior’s signature card
- * Unpaid bills or lack of medical care although the senior has enough money to pay for them
- * Unnecessary services, goods, or subscriptions
- * Financial activity the senior couldn’t have done such as an ATM withdrawal when the account holder is home bound

If you are an elder who is being abused, neglected, or exploited, tell at least one person. Tell your doctor, a friend, or a family member whom you trust. In Iowa, contact the Iowa Department of Human Services at 800-363-2178 AND your local law enforcement. For abuse in a facility, contact the Iowa Department of Inspections and Appeals at 1-877-686-0027 AND your local law enforcement.

(Information taken from Iowa Department of Aging, Department of Health and Human Services, and Administration on Aging websites.)

In His Service,
Darlene Rueter, RN
St. Paul Parish Nursing



Mission in Mercy Outpost

225 4th Street (Thomas Plaza)

Carroll, IA

Phone: 775-2262

Scheduled Activities:

Sundays:	Prayer Service – 1145 am
Mondays:	AA meeting – 530 pm
Tuesdays:	
Wednesdays:	Bible Study – 4:30 pm AA meeting – 530 pm
Thursdays:	Alanon meeting – 530 pm
Fridays:	AA meeting (Women) – 8 am
Saturdays:	AA meeting – 1030 am NA meeting – 12 pm

Simply Giving Program

As we head into a new year, we are reminding you to consider the Simply Giving Program. To refresh your memory, Simply Giving is a program where once a week, once a month, or twice a month, your offering is automatically deducted from your checking or savings account and automatically deposited into the church’s account. All you need to do is remember to record the amount in your check register. That’s all there is to it. The amount is set by you and doesn’t change unless you request it to be changed or discontinued. Special services like Advent, Lent, Christmas, etc. are NOT automatically deducted and we would encourage you to use your offering envelopes for those services just like in the past. The additional bonus would be that our giving throughout the year would be more consistent. Contact Donna in the church office for more information.

Ready, Set, Recycle!”

The Lutheran Women’s Missionary League (LWML) of Iowa will host the 2015 National Convention in Des Moines! You can help our Guild earn funds to cover expenses by being a part of our “Ready, Set, Recycle” campaign. Bring the following recyclable items to church and place them in the box in the cloakroom off the Narthex or call Barb Brockelsby at 790-9592:

- Empty inkjet printer cartridges
- Empty laser printer cartridges
- Used cell phones
- Laptops, including power cords
- Palm Pilots (PDAs)

Please leave in original boxes if possible or place in plastic zip-lock bags. Thank you for your help.

Unacceptable items: Toner tubes/cartridges, Epson printer cartridges, Cannon BCI cartridges, Remanufactured cartridges, refilled cartridges or new unopened cartridges. Any cartridge that DOES NOT have a metal print head is unacceptable.

Circle Dates—

- Lydia:** Tuesday, Feb. 7, 7:00 p.m.
Fellowship Hall, Jan Hoff, hostess;
Lynette Licht, topic;
- Rachel:** Wednesday, Feb. 8, 1:30 p.m.,
Fellowship Hall, Darlene Warnke,
hostess; Pastor, topic





LUTHERANS FOR LIFE

All Alone

by Rev. Ken Klaus Speaker Emeritus, *The Lutheran Hour*

“If we live, we live to the Lord, and if we die, we die to the Lord. So then, whether we live or whether we die, we are the Lord's. For to this end Christ died and lived again, that He might be Lord both of the dead and of the living.” Romans 14:8-9

While looking for stories for the Daily Devotions [e-mail], my eye was caught by the title of an article located on another web page. The title said, “Man Dies All By Himself.”

Was the story about a forgotten movie star, or some homeless individual, or a hiker who had taken a climb beyond his level of expertise? Maybe this was the story of a hoarder who had been crushed by a falling pile of beloved possessions. It was the kind of title I had to investigate. Clicking on the link produced a large picture of a hollow-cheeked old man. Above his head, in very large letters were the words “Man Dies All By Himself.” There was no article, nothing to explain the picture.

Then it clicked. The man who had died all by himself was Dr. Jack Kevorkian, the man who had helped terminate the lives of over 130 people—people who had incurable and painful diseases, who had no hope, no value, nothing to keep them linked to this world. At least that's what Kevorkian said. It's what many others believe.

Recently, a past executive director of Lutheran Hour Ministries went home to his Lord. Rodger Hebermehl was his name. Many of you knew him. Those who didn't missed the acquaintance of a special man, a gentle, Christian man, who loved his Lord and had a tremendous longing for the lost souls of humanity. Over the last few years Rodger had suffered from an illness that he knew would end his life. Gradually the things he could do were diminished. Did Rodger say there was no hope, that he had no value or purpose, nothing to keep him here?

If you think that, you don't know Rodger. Allow me to share that when Rodger no longer could get around by himself, when limitations were many and opportunities few, he prayed he might share the Savior's story with a few more unbelievers. He prayed he might be used by the Lord to let them know the transforming power of the Christ. He prayed the Holy Spirit might

use him to bring a dozen people to faith.

May I tell you one other thing about Rodger? Rodger did not die all by himself. Yes, he had his loving wife Cassandra at his side and, yes, there had been many others with him during those last days. But when Rodger left this life he did so in the company of Jesus who had redeemed him—the Savior he had considered it an honor to serve. No, Rodger did not die alone. Because of Jesus, no Christian man or woman ever dies alone. *(From LHM Daily Devotion, 6/14/11. Used by permission. www.lhm.org)*

A survey suggests that half of Dutch GPs have felt pressured by relatives to euthanize patients. The results of the survey of 800 family doctors was reported in an English-speaking Dutch news-website. Alex Schadenberg of the Euthanasia Prevention Coalition commented: “It is important to note that the Dutch claim to have a strict euthanasia law, but the facts show otherwise ... The concepts of safeguards, choice and autonomy are only really only the slogans that the euthanasia lobby use.” *(Euthanasia Prevention Coalition, 7/29; SPUC, 8/1)*

Father John Fleming, a leading Australian bioethicist, has expressed concern about the basis for a recent pro-life success. Two nurses were spared from participating in abortion after their lawyer argued that their Catholic beliefs protected them against discrimination. Fr. Fleming said the wrongness of abortion “is not based on a peculiar ‘Catholic belief’ about the beginning of life. It is based upon the scientific reality that human life begins at the beginning, at fertilization.” *(John Smeaton, 8/18; SPUC, 8/19)*

Young British Christians are much more concerned about pro-life issues than elderly Christians, suggests a new poll. Two out of three Christians aged 18-34 surveyed said abortion and euthanasia were very important issues, compared to one in three Christians aged over 65. John Smeaton, Society for the Protection of Unborn Children director, commented: “This is encouraging news for the defense of the sanctity of human life. It shows that the pro-life movement has a promising future.” *(Inspire Magazine, SPUC, 8/23)*

An Israeli court has allowed a family to extract and freeze the eggs from the ovaries of their teenage daughter after she died in a car accident. Chen Aida Ayash, 17, lost her life August 3rd in a Jerusalem hospital. The family obtained the right to extract the girl's eggs in what is believed to be the first such legal decision of its kind in

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Israel and possibly the world. The court would not allow a request to have the eggs fertilized. The ruling raises concerns such as the inability of the deceased to give consent and the ethical dilemma of a mother giving birth after her death. (*Daily Mail Reporter*, 8/12; *CLR Life News*, 8/17)

Jharkhand state in eastern India is offering financial support to parents of female children in a bid to discourage sex-selection abortion. The incentives include free education and investments. There are a number of religious, cultural and socio-economic factors in India contributing to a prejudice against conceiving girls. (*Catholic Culture*, 8/1; *SPUC*, 8/2)

Alois of Liechtenstein, the hereditary prince of the tiny European nation, has declared his opposition to the depenalization of abortion, which is currently the subject of a popular referendum in his country. Alois made use of the national celebration of the principality on August 15 to state that, if the initiative is approved, he will "oppose" its ratification as a law, hinting that his father, the nation's sovereign, will refuse to sign it. Without the prince's signature, proposed legislation cannot enter into force in Liechtenstein. The Parliament of Liechtenstein has already registered its disapproval, with only 7 of 25 members voting in favor of a similar measure. (*LifeSiteNews.com*, 8/18)

From *LifeDate*, Fall 2011 published by *Lutherans For Life*



LABELS FOR SCHOOL

The Carroll Community School District wants to thank you for your support in collecting **Campbell Soup labels, Boxtops for Education, Tyson labels, and Nestle Water Bottle Labels.** A box is in the Narthex for the labels. Thank you for your support of CCSD.

Camp Okoboji 2012 Schedule *Serving Christ in Outdoor Ministry!*

Feb. 10-12	Ice Fishing Retreat
Feb. 24-25	C.H.A.O.S.
April 14	Camp's Annual Meeting
April 20-22	Spa Weekend Women's Retreat
April 27-29	Spring Volunteer Weekend
May 6	Camp Benefit Omelet Brunch
May 21-23	Pastor's Continuing Education
June 3	Camp Benefit Omelet Brunch
June 3-9	Okoboji Girls Basketball Camp
June 3-9	Okoboji Girls Volleyball Camp
June 8-10	Kids Kamp
June 10-14	Calm Down
June 12-17	Jr. Joy Day Camp
June 16	Auxiliary's Annual Quilt Auction
June 17-23	Minneboji
June 24-26	IDW Convention
June 28-30	LWML Convention
July 1	Camp Benefit All American Brunch
July 1-7	July 4th Family Retreat
July 8-14	Junior High Week
July 12-15	Ginny DeWall Joy Camp
July 15-21	Concordia Cub Week
July 22-28	Youth Week
July 29-Aug. 4	Family Retreat I
August 5	Camp Benefit Omelet Brunch
Aug. 5-11	Family Retreat II
Aug. 10-12	Hispanic Family Retreat
August 19	2nd Annual Golf Outing
August 26	Camp Benefit Omelet Brunch
Sept. 16-18	IDW Outdoor Education
Oct. 5-7	Fall Volunteer Weekend
October 7	Camp Benefit Omelet Brunch
Nov. 9-10	Women's Fall Retreat
Dec. 30-Jan 1	FREEZE

Lutheran Church Extension Fund

Thank You For Your Support

Lutheran Church Extension Fund is thankful for the partnership it has with LCMS members, church leaders, congregations, schools and ministries. By working together, LCEF is able to create more opportunities for sharing the Gospel. At LCEF your investments earn more than interest. They make ministry happen! Contact LCEF for the latest information on investment interest rates at 1.800.843.5233 or visit www.lcef.org

Worship Assistants for February



LECTORS: (Sunday Only)

Feb. 5	Deb Schmidt
Feb. 12	Ralph von Qualen
Feb. 19	Pastor
Feb. 26	Jerry Frehse

GREETERS:

Feb. 4	Ina Rae Nieland
Feb. 5	Joe & Durene Eisenbacher
Feb. 11	Sally Sullivan/Lisa Quandt
Feb. 12	Cindy Naberhaus
Feb. 18	Bonnie Dryden
Feb. 19	Marv & Shari Toft
Feb. 25	Reese & Jan Abbe
Feb. 26	Jerry & Sheryl Frehse

ELDERS:

Jan. 28/29	Mike Janssen
Feb. 4/5	Jerry Frehse
Feb. 11/12	Lew Orcutt

Rest of February to be determined

ACOLYTES

Feb. 5	Somer Sinnard
Feb. 12	Peyton Raymond
Feb. 19	Miles Millard
Feb. 26	Sarah Riesberg

5-8 GRADE USHERS

Feb. 5	Bryce Widdel
Feb. 12	Tyler Harmening
Feb. 19	Sydney Renning
Feb. 26	Kalina Schoenfeld

SATURDAY AND SUNDAY ADULT USHER LISTS HAVE NOT BEEN ESTABLISHED BY THE ELDERS

ALTAR GUILD

Pam Stanzyk, chairperson
Vicki Grundmeier
Lynette Licht
Kyle Halbur
Renee Grimsman
Karen Raymond

Beta Sigma Psi, the only Lutheran fraternity and one of few Christ based organizations at Iowa State University helps students grow their faith during college in many ways: 1) Close connection with Memorial Lutheran and University Lutheran Churches, 2) Bible studies and prayer breakfasts, 3) Service opportunities: teaching Sunday school, helping elderly in the Ames area, mission trips even as far as Africa, 4) a close-knit band of Christian brothers who offer help, support and aid academically, emotionally, physically or spiritually when needed.

The Alumni of Beta Sigma Psi offers **3 \$1500 Scholarships** to freshmen men attending ISU in the Fall 2012 through the **Darryl Jahn Memorial Scholarship**. Visit <http://epsilon.betasigmapsi.org/recruits/scholarship.php> to apply online. For questions contact Beta Sigma Psi at betasigscholarship@iastate.edu or call 515.259.0302.



THE LUTHERAN HOUR

The Lutheran Hour may be heard on Sundays on the following radio stations in our area: KAYL, 990 AM, Storm Lake, 10 am; KDSN, 107.1 FM, Denison, 6:30 am; KDSN, 1530 AM, Denison, 10:30 am

Also available 24 hours/day on the Internet
@ www.lutheranhour.org Speaker: Rev. Gregory Seltz

Feb. 5—*God Is Faithful. Get Busy and Wait on the Lord*

We can wait on God—joyfully, expectantly, hopefully—because we can trust Him. (Isaiah 40:28-31)

Feb. 12—*You Can't Muzzle True Joy*

Joy is rooted in a relationship with God. You can't muzzle joy when that joy is connected to Jesus. (Mark 1:40-45)

Feb. 19—*A Resurrection Glimpse to Empower Your Faith*

Can you fathom what it means that it required the sacrifice of God's own Son in order that you might live, forgiven and redeemed? (Mark 9:2-11)

Feb. 26—Information coming soon!